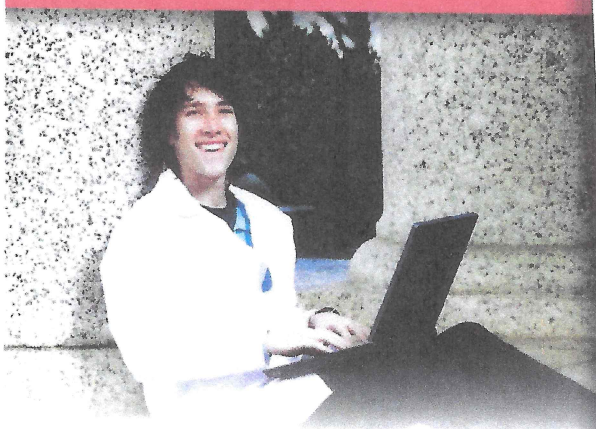


Introducing myIDP:
A career plan customized
for you, by you.



myIDP.sciencecareers.org

my IDP INDIVIDUAL DEVELOPMENT PLAN
Science Careers

AAAS

Skills Development Goals

Overview
 Overview Summary
 Personal Information

Assessment
 Skills Assessment
 Interests Assessment
 Values Assessment

Career Exploration
 Consider Career Fit
 Read About Careers
 Attend Events
 Talk to People
 Choose a Career Path

Setting Goals
 Career Advancement Goals
 Skill Goals
 Project Goals

Development Plan
 Mentoring Team

Quick Tips My Skills to Improve My SMART

Now, use the tool below to set specific goals for how you will improve <

Add a new SMART Goal

Select a skill to add a goal for

- Statistical analysis
- Writing scientific publi
- Broad based knowledge
- Leading and motivati
- Presenting to nonscie

SMART Goal

Is this a recurring activity? No

Start Date

Target Completion Date

How will you be accountable?

Add SMART Goal Add & Move to Next Step



Recommended by leading professional societies and endorsed by the NIH, an **individual development plan** will help you prepare for a successful and satisfying scientific career.

myIDP is the first and only online app that helps scientists prepare their very own individual development plan.

Features in myIDP include:

- Exercises to help you examine your skills, interests, and values
- A list of 20 scientific career paths with a prediction of which ones best fit your skills and interests
- A tool for setting strategic goals for the coming year, with optional reminders to keep you on track
- Articles and resources to guide you through the process
- Options to save materials online and print them for further review and discussion
- Ability to select which portion of your IDP you wish to share with advisors, mentors, or others

Visit the website and start planning today!
myIDP.sciencecareers.org

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